

Office of the President
of the Philippines
Malacañang

MEMORANDUM ORDER NO. 348

**AUTHORIZING THE CONDUCT IN THIS OFFICE OF A PHYSICAL
FITNESS PROGRAM FOR OFFICIALS AND EMPLOYEES OF
THE OFFICE OF THE PRESIDENT**

Daily exercise can affect one's personal disposition and well being specially now that only a few can afford to cope up with the high cost of medicine and other food supplement needed for the body. It is one healthful activity which must be included in the daily routine of civil servants for them to become physically capable to be more responsive and productive.

For this reason, the Career and Personnel Development Division, in coordination with the UP Human Kinetics is hereby authorized to conduct a daily physical exercise termed as HATAW II, every morning at 6:30-7:30 a.m., in front of the old GSIS Building starting Monday, March 11, 1996, up to the President's birthday on March 18, 1996. This shall be a continuing program for officials and employees in line with the physical fitness program of the Office of the President.

Please submit your names to the Personnel Office not later than March 8, 1996.


LUIS C. LIWANAG II
Senior Deputy Executive Secretary

Manila, **March 8, 1996**

FMS LIBRARY

Received

APR 11 1996

Date *fdm*

